



Summer Conservation Corps – Oregon 2

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Dear NYC'er,

Yee-Haw! It's finally here, that crazy journal your crewleaders promised months ago! In your hands you hold the final compilation of all those journal pages you spent hours around the kitchen table and on the long van rides writing! As the winter sets in, the office world at NYC becomes a bit less chaotic, and we can take the time to say, **"Thank you for an amazing season!"** NYC crews could not have accomplished what they did without the effort, commitment, and strength each and everyone of you gave.

After you left graduation, you probably ate some good chow, talked non-stop about the adventures you had and the tough times you endured, and finally—after a long session—got to take a long shower (hopefully a few!). But, as the warmth of your return wore off, I hope everyone was able to spend some time reflecting on what your experience meant. You were part of an extraordinary time! While you were slogging through the woods, huddling around the fire, seeking any type of moisture available, sharpening pulaskis, or finishing the last remnants of a too-large meal; up to twenty-six other crews were doing the same things across Oregon, Washington, Idaho, and Northern California. The work completed by NYC crews went farther than ever before, pleased a record number of project sponsors, helped out the natural areas and communities in the Northwest, and, most importantly,..... showed the general public that teens are responsible enough to complete a hard job with style!

We hope you came away with a greater understanding of who you are, how you want to live your life, and what you are going to do with the gifts you possess. Don't forget those early morning sunrises, the feeling after a hard day's work, and the endless mountains and trees. Remember the laughter, the tears, and the exploration. Always know that you are limitless and can accomplish the seemingly impossible, the amazing and the beautiful. All you have to do is believe in yourself!

Don't forget about all those early morning sunrises, the dirt smile after a long day of work, trees the size of skyscrapers, rivers and mountains without end, and a place away from highways, radios and Burger Kings. The big outdoors is a place for everyone to visit, explore, and enjoy. Make sure you get out there as often as you can and figure out how you can help to keep these places around for future generations to experience. Sit down, grab some gorp, and relax as you take a trip down memory lane. Keep NYC in mind for next summer and drop us a line. Remember: "Use Good Judgement!" but don't forget to rub a little sunshine on your face.

Take Care,

Ethan Nelson
Program Director

Blue Crew

Oregon Parks and Recreation Department Nehalem Bay State Park Neakahni Mountain Trail

Week 1: July 26 - August 3

We were oriented and we got divided into our awesome Blue Crew. Cody and Matt decided to take the broken table. We took a nice little stop at Tillamook Cheese Factory, where we got cheese. After we got to camp and set up next to an airplane runway we all went for a dip in the water, it was a very cold bay. Nancy and Mark made some good spaghetti. Then we had a nice little orange fight that was “Chill.”

Danielle T

We are camped next to an old airplane runway. We’re making and clearing trails out. We were all tired out so we went for a dip in the water. We had a cool little cheez nitz fight earlier. Matt and Coby made dinner. We’re on the Oregon coast. Danielle made fruit punch juice.

Elysha W

Some cool things about our trail would be how accomplished you feel after a hard days work. The time’s you can just stop and look at a new beautiful sight and breaks when it’s all chill and you are with your homies.

Matt N

This past week was our crew’s first week at NYC. We all abandoned our daily routines in exchanged for the strict schedules imposed by the organization. We all forged new relationships and banded with our crew members. Our work began on Monday when we built a new section of trail at Nehalem Bay State Park. Tuesday through Friday was spent maintaining existing trail on the mountainside. Maintenance projects varied from digging out roots and drainage ditches to trimming debris from beside the trail. Our challenges included hot temperatures, stickery vegetation, and waking up at five in the morning. In the end we worked the desired four hundred and forty hours that week while incurring no injuries and retaining all members of Blue crew.

Clifton M

Willamette National Forest Middle Fork Ranger District Clover Patch Trail

Week 2: August 4 - August 10

This weekend started with our first showers in a week, which was very refreshing. After washing our clothes we went to the campsite where we met up with the other three crews and everybody made fun of our sandy tents. The next day we went to Blue River Reservoir and some of us swam, some rafted, and some just hung out on the beach. Later we all got to meet Cliff’s family who rescued him for a while. The next day we found out where we were going next and headed out to our next destination.

Ashley B

This week we are working on the Clover Patch trail. It is near Oakridge. I am currently writing the journal obviously. Besides that the minions, Jamie and I, have been doing mostly trail work. My current project is working on removing a rock from the trail.

Mark W

Our campsite has the best view. The mountains as far as the eye can see, woods surround us. Sunrises that make you happy to be alive greet us each morning and sunsets that make us feel peaceful and at rest. That is our camp.

Cody B

Our crew learned that when we work as a team we get a lot more done than when we work spread throughout the trail. Some of us were taught how to build structures by Devin.

Anonymous

This past week was our second at NYC. Our challenges and accomplishments this week were each numerous. Our challenges included hacking through a clear cut, enduring a four hour thunderstorm, a few encounters with bee hives, and removing several well rooted tree stumps. Our accomplishments included the construction of a couple retaining walls, the removal of many large roots, stumps, and rocks, and the creation of a brand new section of trail. Our crew returned to the weekend site with all our original members and no injuries. We also settled some disputes within our crew without any confrontations.

Anonymous

Bureau of Land Management Salem District Horning Seed Orchard

Week 3: August 11 - August 17

We got our tents put away first at the weekend site (bravo ladies). Then we also got our trailer packed up with NO HELP! My uncle died and the group helped me cope with it. We are a family that's the only reason I'm staying. Even Isaac who I didn't really know helped me out.

Anonymous

We were pruning fir trees and chipping them in a wood chipper. We are at Walter S. Horning Orchards. Nancy, Danielle, Matt, and Cody help make dinner. Also Jamie and Ike learned how to work a tractor.

Elysha W

Our goals for this week are to whistle while we work and try with wicked desperation to actually turn blue like the smurfs. Our other goal is to work hard sawing and chipping, we love when the chipper clogs, it's like getting a birthday present but better. Sooner than later we went to Ricky O's for pizza and my-that's a lovely accent... New Jersey? Australian? "Good day mate" Yes some dumb and dumber, what a hump day of hump days. Oh yeah, Matt went nuttier than a squirrel and went away.

Jaime F

This week's work was our least physically demanding week yet. However, the week was extremely eventful. We lost our first crewmember and learned to cope with our now smaller crew. We learned a lot about perseverance when we did nothing but cut branches for two days straight. We also learned not to leave our gear behind as it prevents us from working. Drip, drip, blue, drap.

Clifton M

Matt got himself fired because he was smoking in the tent. Cody went to the hospital but he came back okay in the end. It will be sad to leave behind the Horning Seed Orchard, it has been a good home to us and we will remember the neat rows of trees we pruned with fond memories. Our challenge this week was to endure the monotony of pruning the branches in the chipper branch after branch after branch. It was hard work in the heat. But we stuck it out.

Anonymous

Well another week is done and we are on the way to yet another weekend site. I like the weekends, we get to see all the other crews. I'm pretty sure that we are able to make it the whole session, the works going great. The Hulk movie came out this week and I hope we get to see it. Anyway, trail work is great, my favorite tool is the Pulaski, then the pick-mattock, then the rebar. Really though if I could be any tool it would be the crosscut handles because they get to hang in the fanny pack. I have a fanny pack, three to be exact, die pink one, one nice one for dinner dates, and one for camping. Fun, fun, fun, fanny pack.

Jamie F

**Fremont National Forest
Fremont National Recreation Trail**

Week 4: August 18 - August 24

This weekend everyone went in three different groups to go hiking. Everybody chose a different hiking route. Matt and Justin left the crew. We are all very sad about them leaving the crew. Stacy joined our crew though. Matt is our rover this week. Cody and Dizzi made dinner today.

Elysha W

This week we are at Fremont once again working on a marvelous trail. But no worries because even though we've done trail before, this time we get nice hot weather! Today we did have some early morning fun sloshing in mud/cow "mud", while building a rock ford (one of the best ever obviously). Our week has been fun so far. We have Red crew down the way and cows soothing us with their moos and leaving us with great little "presents". Oh and not to mention our lovely van. What would we do if we couldn't actually hike to work because our car won't start or how about if we couldn't take little pit stops to fix the muffler? It just wouldn't be the same.

Anonymous

We work really hard, some of us reek, or all of us, but hey what are you going to do, we've all lost our minds. I love pickles.

Anonymous

I guess our crew's challenges were completing the trails, working on a creek and another creek filled with cow poop. Our accomplishments included completing both creeks and a rock wall that we built. Another challenge that I forgot to mention was working on the trails and in the hot sun.

Mark W

**Willamette National Forest
Detroit Lake Ranger District
Elkhorn Trail**

Week 5: August 25 - August 30

This past weekend was spent at Diamond Lake. This weekend's site was a large flat area next to a rock quarry under a pine tree canopy. The rec. trips this weekend were Diamond and Crater Lake. This weekend featured a talent show. This was our last weekend site.

Anonymous

Our project for the week is to lop on overgrown trail. We are in the Willamette National Forest. We are lopping an overgrown trail to lower fire danger, and to help the hikers. See the trail.

Mark W

Our goals for this week were to make it up our long hike to Elkhorn Trail. The hike is easy for some but really hard for others. We all make it though. Another goal is to cherish the time we have left with each other. Me gusta la mountana me gustas tu.

Jamie F

We worked hard today and then went swimming in the lake by our camp. It was nice we saw crawdads and then relaxed the rest of the day all went great.

Anonymous

It was our last day of work and it feels so good to be done. I'll miss all my new friends on Blue crew and Jamie too. Today we went swimming in the river because we won't get a shower before the big clean. Yeah that makes a lot of sense. Everything will get cleaned by us; we're still all stinky and gross. My parents are going to love riding home in the car with me.

Mark W

We went to three pools to swim right next to our work site, well not right next to but close. Ashley lost her shoe and we all jumped in the great clear blue water. Fat-hand liked the water; it floats and enjoys the relaxing day. If I was to write a poem to fat-hand it would be this, ode to the fat hand chuckle: I love the no knuckle. Clubs look cool-e-o. Sessions' over and that rule-e-os! Well guys thanks for the great session love you all.

Jamie F

My Most Challenging Day At NYC Was...

...definitely during our second week. The worksite was Clover Patch trail and the work was both physically fatiguing and very mountainous. In addition there was a storm overhead and I had slept poorly the night before and as such, the work was even more difficult but I persevered and finished my day.

Clifton M

...when I was at Bobs place because we lost people and the bees!

Desiree B

...while our crew was chipping tree branches at a seed farm. The work was constant, difficult, and came with hot weather. It was the most difficult, but one that I am most proud of.

Danielle T

...the Friday I came to NYC, because everyone always knew each other and I wasn't sure if I was going to fit along with making friends. I remember that I was going to have some struggles eating here because it was so out of order for me to eat such big meals.

Stacy P

...definitely the mountain-Elkhorn. After the first day I don't know how Jamie convinced me to do it again.

Ashley B

My Three Favorite NYC Experiences Were...

...hiking in the Cascades, building rock structures, and hanging out with my girl.

Clifton M

...working with everyone, going swimming, and campfire.

Desiree B

...meeting and getting to know my crew the first week. Learning how to build a retaining wall and other rock structures. Finishing the five weeks and the last day of work.

Danielle T

...getting to know my crew member's along with crew leaders. I really enjoyed the hike of our last week here, it was challenging but fun. And the day we went to three pools and I got the courage to jump off the rocks.

Stacy P

...swimming. Stacy and Nancy cracking me up and the fabulous feeling at the end of the work day.

Ashley B

One Thing I Will Always Remember...

...the excellent feeling I experienced upon completing my five week NYC experience.

Clifton M

...all the people I have gotten to know.

Desiree B

...the abilities I now know I have. In hard times I will be able to look back and gain self-confidence from my accomplishments at NYC.

Danielle T

...the people and friends I met and also all the food we had to eat.

Stacy P

...Bob the pine cone farmer.

Ashley B

From Now On I Will Always...

...appreciate hiking trails as I understand the enormous amount of work required to create them.

Clifton M

...think how hard it was to make a trail.

Desiree B

...after experiencing five weeks of NYC I will be able to endure small inconveniences of everyday life, because I now know it's not that bad. In addition I will definitely be more environmentally aware because of my new eco-intelligence.

Danielle T

..finish my plate of food and appreciate the out doors more than I already do. I will make a personal note to recycle!

Stacy P

...try from now on to complain less.

Ashley B

At NYC I Learned...

...many things at NYC including the technicalities of building hiking trails. The feeling of beautifying our environment, and the perseverance and dedication required to do these two things.

Clifton M

...to make trails, to work hard, and to have fun.

Desiree B

The list is endless of things we learned while at NYC. They range from learning how to build and maintain trails to facts about the outdoors. During one SEED we were able to learn all about the water cycle, for example. The last thing would be how much I was able to learn about myself at NYC.

Danielle T

I learned a lot of things for only being here two weeks, but the thing that sticks out the most is pushing myself when I didn't want but I just knew I couldn't let my crew down. I also learned I had to become more independent and when I came out here it gave me a chance to make friends on my own and to learn things a different way.

Anonymous

It would take too long to explain everything I've learned. I've learned I can withstand more than I think I can, but also that my physical and mental stamina is not as strong as I'd like them to be.

Ashley B

Orange Crew

Willamette National Forest Middle Fork Ranger District Clover Patch Trail

Week 1: July 26 - August 3

Today we received our job assignments. We then proceeded to the camp site. We made a stop at a store in Oakridge, and then had lunch at a campsite outside of Oakridge, then proceeding for another hour. Next we get up, camp for the week setting up gear and such. Then we divided up chores and are preparing dinner.

Anonymous

Orange crew, Orange crew, oh how I love thee. We have lots of fun as we hike through the trees. We work really hard at camp and on trail. We find time to laugh as we're busting our tails. Orange crew, Orange crew, how nice to see us bonding so fast, what a fun place to be.

Carissa C

This week this crew learned how to make trails, needed to learn how to properly cut a 45 degree cut bank hitch and tread. We are also learning and have learned a lot about our crew members like John is a good cook with limited means of food. And that our usual trail is shorter than the others.

Kristina B

There is something about completing a task put before you, especially for the first time. This week Orange crew has literally shed blood, sweat, and tears! Although to most of us the week seemed to speed by. We went through a lot. At one time or another we all felt frustrated whether it was with ourselves, our crew members, or that stubborn stump, fern, or log. Feeling dirty for over a week was definitely a challenge. For some of us getting up in the morning or after a break was the low point of the day. But still Orange crew worked as a team and we completed our project! Not to mention we started working on a second trail! Whatever frustrations we had, we took care of them without losing our tempers. I think we had some awesome night joking around and enjoying each others sense of humor. Our crew lost a member and even though that threw us off we picked up the slack and continued. Everyone in our crew has a unique personality and background to contribute. The next four weeks are going to be a piece of gingerbread with a rock in it (the work).

Maria M

Fremont National Forrest Lakeview Ranger District Fremont National Recreation Trail

Week 2: August 4 - August 10

Trust, commitment, teamwork, and loyalty, the things we pride ourselves on at NYC. Pete, Dan, Natasha, Kristy, Carissa, Tyler, Mike, Fabi, and me, Ike well he's just along for the ride. With Tom at the helm hope you all are ready to die with dust in our eyes. We still work a full day all though we complain about headaches and our spines. Swing in a line all working harder in time these last few rhymes just a few of the things that we do screw Red, Yellow, and Blue cause this is the Orange crew.

Anonymous

Ode to Rocks:

Rocks, rocks, big gray brown rocks. Get picked up and then get dropped. Kicked and pushed and tapped and turned until they are solid, situated, and firm. Then covered in dirt, pail after pail until they are gone beneath a soil veil. But they do their job, unseen and appraised and they will stay sturdy, day after day.

Tyler A

We have many challenges and accomplishments to face. The challenge of staying dedicated and persevering despite setbacks and difficulties, the challenge of continuing to work together despite our differences in opinion and thoughts and our lack of self-time. Challenge to learn to keep an open mind and to watch out for others and respect them, Also, the challenge of learning new things successfully. I believe we all accomplished making the best of these challenges and working through them. We also accomplished our weeks goal in the allotted amount of trail work given to us and building our first rock wall.

Anonymous

Siskiyou National Forest
Gold Beach
Pupps Camp Trail

Week 3: August 11 - August 17

Conflicts will rise large and small, let them continue and they will be the downfall of us all. Let them pass by. Forgive and forget and we will look back content without regret.

Tyler A

Today Carissa and John left camp with Tom because fools got injured. And I, being the nice crew member that I am tried my best to help Carissa with her injury (faker). Since this happened we are three people short! Hopefully they'll be back soon.

Kristina B

Our crew learned the hardships of being in the backcountry. Hiking extra miles with heavy packs and learning to deal with being away from civilization for two weeks. We learned to make do with what you have, and make the best of it.

Natasha M

The story of Julius Fred:

Julius Fred was a witness to the murder of JFK and was the only person who knew who the killer was. He was put under the witness protection program, but fearing that he still was not safe, he escaped before he could be questioned and fled to the woods of Oregon. Terrified that he would be found, he didn't leave the forest for months. Finally, cold and starving, Julius decided on a last resort. He offered Earl, God of trails, his eternal service if Earl would keep him alive and protect him. Earl accepted and sent up from out of the ground a silver Pulaski and a special water bottle that could never be emptied and granted immortality to those who drank from it every day. And so it is that Julius Fred still wanders the woods of Oregon, making trails and punishing hikers that cut switchbacks. It is said that sometimes, Earl commands Julius to confuse unwanted trail crews by moving workers into difficult to manage areas.

Tyler A

Siskiyou National Forest
Gold Beach
Pups Camp Trail

Week 4: August 18 - August 24

Yesterday we had a challenging hike down to our next campsite. Afterward we spent some time reviving Fabi. Today work was hot! But we had extra help with Ryan and John. During second break today we were lucky enough to have some watermelon. After work we got to have a relaxing dip in the river.

Carissa C

This is week two of our "special project" backcountry. We are in the middle of nowhere scarfing down as much food as we possibly can! It's a good feeling to have a whole crew together. Today was a good day! The river we are near is great, we went swimming and

started a great new siesta program where we work till twelve then go back around four and work till eight. It's a lot cooler and there is a nice breeze.

Maria M

Susan the seamstress:

One day Susan the seamstress met Bob the Builder. Susan was afraid of heavy machinery like Bob's bulldozers. So, Bob let her drive a backhoe. Susan declined, but was forced to anyway. She drove it and hated heavy machinery even more.

James D

A giraffe was walking through the rain jungle. It found a limb in the path, so, it hired some ants to move it. The giraffe paid the ants' one grand sighting of the black, giant ant larva it always kept in its mouth. The limb was moved and everyone was happy. Later that day another limb was in the way. The giraffe hired some bees for a grand sighting of the black giant bee larva it always kept in its mouth. Everyone came away happy. More limbs and more creatures, like a black bear and its cubs seeing a deformed bear embryo in the giraffe's mouth. Hundreds of animals could not figure out how or why the giraffe had so many young, but discolored, deformed, and wrong sized animals in its mouth. Until now. The end.

James D

Ah, Friday. The most beautiful, lovely smelling day of the week. We washed up and cleaned our shorts while we ate copious amounts of food, wrote letters, and called home! We listened to Tony's strange music for much of the ride until Tom took over and the good music filled our ears. It was nice to roll into camp and socialize with the other crews who we hadn't seen for two weeks.

Carissa C

Willamette National Forest Clover Patch Trail

Week 5: August 25 - August 30

Work went by quickly today. We puffed and puffed and puffed, but still managed to include some humor throughout the repetition. Unfortunately John had to be driven out today, although many of us wished we could come along for the ride. We'll all miss him. Tyler, Natasha, Fabi, Kristy, and I all had a blast at the end of the day bumping every two seconds and threatening each others lives with deep latrine deaths.

Carissa C

History of the term "Trail Monkey" - In the early 1900's, many trail crews began training monkeys as pack animals to carry supplies down trails because horses and donkeys found the half finished tread difficult to manage and had frequent accidents. These trail monkeys proved a very effective and efficient method of transporting supplies but in 1967 their use came under the scrutiny by animal rights groups. The courts sided with the animal rights groups and in 1969 their use was outlawed. The people assigned to fill the positions of the trail monkeys kept the name, and many trail crews still yell "trail monkey" as people pass by.

*Trail crews avoided hitting the monkeys as they passed by yelling "trail monkey" as they passed to alert other workers.

Anonymous

Today was a good day of work. Every one worked hard and the day went by quickly. Wait, now that I think about it and according to Tom we did not work at all. Instead of working we went into town and watched Freddy vs. Jason after which we all went and had sushi, \$30 worth of sushi each. Then we stole some homeboys' big hippy bus and rallied it until we hit a state trooper. We all spent a small moment of consideration on what just happened and then continued to rally. When done rallying we burned the van to the ground and toasted marshmallows. We then returned to camp for sleep.

Anonymous

Today we worked on Clover Patch Trail. We worked on building tread and clearing more brush. While some people cleared logs sawed branches, and removed stumps working a total of eight hours.

Natasha M

Well this is it, the end of the session. Last night we exchanged gifts for ERL-MAS. Then after Pete's personal history we had "High-Lows" of the session. Despite the challenges we faced as a crew it has overall been good fun. I've noticed many positive changes come from within each member.

Carissa C

My Most Challenging Day At NYC Was...

...twice in backcountry. One was the hike in since I fell so many times and two was the six mile hike out and getting up at 4:30 am to do so.

Kristina B

...when I had to hike backcountry on a sprained ankle.

Carissa C

...first day of backcountry hiking.

James D

...the hike out from backcountry with my knee killing me. I didn't want to show pain or complain because I knew we all hurt, and I wanted to help Kristy along.

Maria M

...the hike into Collier Bar. We had already been in the back country for about half a week, and started our hike further in after a half day of work. We ran out of water about half way down because it was so hot out and I got very dehydrated.

Tyler A

...the death march.

Brett B

...my hike out of backcountry because being ill, I felt let down, letting the crew down, and it was all the more challenging.

Anonymous

My Three Favorite NYC Experiences Were...

...making new friends like my crew Todd and Nancy, second is building a rock retaining wall with Tom and Ike. Third is swimming in the river and being nibbled on by little fishes in backcountry.

Maria M

...when Tom, John, and I played mini-golf in Gold Beach while waiting for John's mom. John was sick, I limped and hobbled everywhere, yet Tom (the perfectly healthy one) had the worst overall score.

Anonymous

...new friends, relaxing on Saturday in backcountry, and talking with people.

James D

...hiking in and out of backcountry because it challenged me, the two weekend sites that I was with Ike the good music in the van! And getting to know my crew.

Maria M

...meeting new people, going to the lava caves, and seeing what we've accomplished.

Tyler A

...cutting trees, getting back from backcountry, and playing pool with John.

Brett B

...the challenge to myself. To make it through each day, the peace, serenity being out here has brought me and the sense I have actually accomplished something positive in my life.

Natasha M

One Thing I Will Always Remember...

...the conversations I had with a few of the crew members. Also I will remember the games we played together and separately.

Kristina B

...the experience as a whole. The whole experience has brought new perspectives and experiences not many get to have. I will remember the knowledge and challenges that have added a new part to me that I had yet to open up and make a part of me for the better. Something I can look back on and remember I use for future dealings in my life.

Natasha M

...the conversations I had with Tom "Viking War Call". He can be a lot of fun because one movement he'll be talking about previous sessions he's had, then all of the sudden he'll relate the history of buffalo wings. His pride for New York is hee-larious.

Carissa C

...environment.

James D

...is swimming at Clover Patch and falling off a stump and taking Mike with me, especially how John tells the story.

Maria M

...swimming in the river at Collier Bar, because the water was the perfect temperature and it was a beautiful area.

Tyler A

...our breathing chili powder.

Brett B

From Now On I Will Always...

...appreciate my surroundings, natural or man made, as well as learning not to take things for granted and oh yeah, to stay away from latrines because Fabi threatened to throw me and Carissa into them.

Kristina B

...live life like I've lived this session. I worked hard but looked frequently for ways to improve. I want to apply this to my studies at University and future jobs.

Carissa C

...look forward to Monday morning because it means hanging out with cool people and not a computer.

James D

...look at the bigger picture. For example thinking of the long run, and not sweating the small stuff.

Maria M

...appreciate the work done by physical laborers and make better use of my time.

Tyler A

...appreciate good water, hate peanut butter and bagels, and know that I have accomplished something great, have new friends.

Brett B

...appreciate the amount of freedom I have been given in life. And even simple things such as water that won't make me ill.

Natasha M

At NYC I Learned...

...how to properly use tools. Also I've learned how to cook in a dutchie, something I've never heard of before and I've learned there's no "I" in team, you can't get something done completely all the time without a little help. Also I learned it helps to have a good friend or two to talk to in hard times.

Kristina B

...to consistently work toward my goals. I learned how to be a leader without being bossy. I learned how good it feels to work harder than ever before.

Anonymous

...to work hard, not to be ashamed of who I am, and to appreciate nature.

James D

...I learned to keep my cool. I learned to appreciate hard work. I also learned that tough times don't last, tough people do!

Maria M

...work hard, get along with different types of people, and about the outdoors.

Tyler A

...many things but most of all how to pull stumps.

Brett B

...I learned to better my ability to live closely with people and deal with them, improving my patience with them and not to lose my temper as easily as I do.

Natasha M

Red Crew

Willamette National Forest Detroit Lake Ranger District Elkhorn Trail

Week 1: July 26 - August 3

This weekend our crew got formally introduced for the first time. Sunday morning we checked our food boxes and cooler for all the things we needed for the week. On our way to our week camp we had a store stop and bought a lot of junk food and accessories. When we got to our camp we undid the trailer and that's Red crew's weekend.

Matt B

Our project this week is brushing the trail. We have to remove vegetation on both sides for 3 feet and 3 feet high. We are in the Opal creek wilderness and it's near the town of Detroit, by Detroit Lake. We are brushing the path because it allows for much easier access for hikers. It also makes it look wider and more appealing.

Sam W

Our goal for the week is to finish our project that we are 4,346 feet approximately from completing. Our crew can only accomplish at least 2,000 feet at a time we aren't going to make it unless we work harder and faster.

Todd W

This first week we learned the joy, the hardships, and the blisters of eight hours of work a day. It was great, it was terrible, but then we learned of our third break. "Marshall forgot it" and we all learned to enjoy all of every second of the breaks. We also learned bug spray is worth its weight in gold out here. We learned about Opal creek reservoir from Ray the public coordinator for the areas wilderness.

Daniel S

The primary challenge of the week was to complete our task charged onto us, this being to brush four miles of trail in Opal creek area. This did indeed prove to be challenging as we only succeeded in clearing a little over two miles of trail. This was not our lone accomplishment, however, we learned and demonstrated many new skills/abilities such as pooping in the woods (excluding David), washing dishes in under ten minutes (Oh wait, thirteen minutes), overcoming the stench of rotting turkey, waking up early, (albeit to awful music), and overcoming such obstacles with Marshall. Snoring, and Jeremy's salad. However, our largest challenges loom ahead of us like storming clouds on the horizon; shall we survive the next four weeks? That accomplishment won't be as simple as first break.

Ian R.R.

Oregon Parks and Recreation Department Nehalem Bay State Park Neakahni Mountain Trail

Week 2: August 4 - August 10

Red crew rolled onto the weekend site twelve deep amid dry grass, gun shells, and clay pigeon fragments, and a broken Santa Clause target. Being the first crew to arrive we had the pleasure of digging the latrines. Saturday's rec. trip to the Blue River Reservoir ended when the raft pirates grew tired. We prepared a fire cuisine of lasagna for the group dinner and the other crews appetites did not live up to our expectations. We left Sam and Matt and on the way picked up Scott, a new rover and traded in Marshall's busted van for a van with a working radio. By the end of Monday we lost Sam as well.

Jeremy T

Basically this week we are correcting all the flaws in Blue crew's work and maintaining a continuing mountain trail by improving the cut bank and tread. We've staked camp in Nehalem State Park, which is in the vicinity of an air strip. By the end of the week, all the previous mistakes will probably be corrected, (namely the rock walls) and plenty of trails will be busted in and properly maintained. Another word on our site: this is possibly the greatest site to camp in.

Nicholas K

Our goal for the week is to finish a trail on the Oregon coast at Neakahni Mountain. We will finish the trail in one week.

TKT

This week our crew learned a variety of lessons such as newly felled logs are at least 2 times as heavy as older logs. After building 36 feet of log retaining walls the major lesson learned was that these trails have thrown some nasty turns but we handled them.

Jonathan M

Many challenges had risen between Monday and Friday of the second week. For instance, by the end of the week, three of our crew members had quit. This unfortunate circumstance reflected on our performance during the nine hour work days. Our energy as a whole crew grew thinner and thinner as the days passed. Another significant challenge arose as the initial tread of the trail became rougher and rockier; we had to construct many rock retaining walls. Eventually, 154 feet of rock retaining walls were finished by Friday, which was extremely strenuous in nature. In my perspective our challenges were our accomplishments. Even if we didn't work to our full potential, our bones felt frail and our skin was like leather. Not only did we accomplish many great feats in the physical sense, we also were on the road to becoming accomplished trail makers.

Nicholas K

Ash Creek Ash Creek Water Control Council Ash Creek Channel Clearing

Week 3: August 11 - August 17

This weekend we ended up at our site at 11:30 at night at Pringle Falls Campsite in Lapine. The next day for our rec. trips we got the choice of going swimming, going to a museum, or going to the lava caves; we all ended up at Taco Bell after the rec. trips. The next day we did chores and left to mammoth.

Anonymous

This third week we had the joy and wonder of finding out we were working in Ash Creek. In the cold wet creek bed we are brushing shrubs and small trees to clear the stream bed for better water passage and to conserve the habitat.

Daniel C.S.

Our crew, Red crew, is to unrestrict the flow of the river and remove the beaver dams to get rid of the mosquito habitat. We want the creek to flow so the cities don't flood. We got two new crew members and their names are James and Chase.

Anonymous

Our crew, the Red crew, learned a lot about the new crew members and how to handle different terrain. In addition we became more acquainted with lopping and its many forms of use. We also learned important facts relating to Forestry and its dilemmas in this present decade.

Chase M

For many, this was the most difficult week of all. Working in waist deep water and getting stuck in mud for fifteen minutes was certainly not pleasant. In terms of challenges, there were too many to remember. I recollect a few sticky/tough circumstances, repairing beaver dams surrounding gluish mud, a myriad of hornets' nests, working in sewage water in general, and doing repetitive work for a full working week. Work was slower in water; therefore we had to try to pick up the pace. Another challenge was dealing with lost crew members and making up hours. For instance we worked a nine and a half hour day on Monday of all days. Our major accomplishment was really finishing the week strong, yet our bodies were calling for the weekend. Just getting by was a fine accomplishment. May the weekend bring renewed strength!

Nicholas K

Fremont National Forest Fremont National Recreation Trail

Week 4: August 18 - August 24

Dude, our crew kicked butt and got mad work done in the mountains making a two and a half foot trail. We covered for our first day over 1300 feet of ground. We ran out of water but still pushed on to a nine hour day. We met our goal for Monday and we'll meet our goal tomorrow good job Red crew.

James H

Our project this week if not entirely divulged in yesterday's journal, consists of clearing the trail off and building brand new trail. Where are we? In the middle of nowhere, this is precisely located in Southeast Oregon near the California border, Northeast of Lakeview. Today we completed 5,103 feet of trail, which surpasses the previous record mark of 5,000. On Monday we picked up where Orange crew left off and continued the trail thru Eastern Oregon Forest. Today our trail crossed a meadow, went over the road, and up a hill of stones and pebbles. We ended the day with the wind blowing over the crest and Marshall triumphantly telling us how far we had come. Dan and Zach took one for the team today and trudged off with Ryan to go on a three hour stroll through the woods. We decided not to make pink lemonade. Closing thought for the day: Why is the weekend site trash still tied to the top of our van?

Ian R.R.

Our crew's goals for the week were to kick butt and beat Blue crew's record; we got 6,800 feet in one day. That was pretty cool because we got more than them but we mostly had to build cairns and remove sage brush. The trail wasn't as noticeable so we had to follow flagging and we finished the day with 8.5 hours.

Anonymous

This week in Fremont, Red crew learned the sweet mating call of free range cattle. We learned not to look bulls directly in the eyes and that cow pies can't be avoided. On the trail we learned how to cut a straight top line and dug drain dips so that water flows off the rail but so that bikers don't fly over their handlebars. We learned that building cairn is a much easier way to make a trail than hacking out grass. Dust turns boogers black. Double peanut butter won't stop a double amount of jelly from leaking. Apparently, Chase will eat anything. We found out that cold water can in fact be cleansing.

Jeremy T

We were challenged to destroy any previous distance record held by an NYC crew. We demolished the record with a total of 6,800 feet of trail. There was some tension in the group, but we still busted out great trail. It was my first week with the regulators so I was challenged to meet people and become part of the crew. I feel I have done so much, I am very stoked to be here with Red crew.

Zach L

Fremont National Forest Fremont National Recreation Trail

Week 5: August 25 - August 30

We went to Diamond Lake, for a weekend camp we had a choice between two places to go for rec. trips, Diamond Lake and Crater Lake. I went to Crater Lake, it was tight. The water was Cobalt blue, a lady knew what we did and gave us food, cookies, grapes, bananas, candy, and Gatorade, it was cool, and that's it.

Todd W

Our project this week consists of maintaining trail in desert type conditions and constructing rock retaining walls with some re-routes on the way. Our work site this week was in Fremont where cows roam the dry plains surrounding us. Each member except maybe eight of the Red crew is counting down the days with enthusiasm. Since we have an eight hour drive to Elijah Bristow to graduate of Friday, Thursday is our last day officially.

Nicholas K

Our crew's goals for the week are to do 4,900 feet of trail which we did the first two days and four climbing turns. And today we started a new re-route that is about 2,500 feet long. Today we accomplished about 1,200 feet and we hope to finish tomorrow which is our last work day. Ha ha. Go Red crew!

Anonymous

Today we learned to push ourselves to the limit on the last day. We also learned about James and his bad condition. This was the last day of the session and it was awesome. We learned what its like to be part of a team and get the job done. Go Red Regulatas!

Zach L

Our team faced a great challenge this week, be nice to each other or do dishes. Some accomplished the week without scrubbing a dish once; others accomplished washing dishes every day. We struggled to work together as a team without strangling each other and barely made it through the week, lucky we had only four work days in Fremont huh? But in the end we are close like fighting brothers, eager to be separate and still laughing at our jokes. We used the tools as they are intended, not as weapons which was Marshal's safety concern. We came together best as a team last night. Under the pressure and in the dark, we forgot our differences. We impressed Larry with our work. 5,000 feet of maintenance improving the work of previous crews, 65 feet of retaining walls, and 2,800 feet of new trail re-routes construction. This was our first go at building new trail and we managed a great job with the top line mostly straight. Seven of us completed five weeks on this crew. Chase and Zach did two. Woohoo!

Jeremy T

My Most Challenging Day At NYC Was...

...the day I did not drink enough water. I was tired and annoyed with my crew almost the whole day. I got back to camp and drank a bunch of water and felt much better.

Zach L

My Three Favorite NYC Experiences Were...

...getting to know my crew mates, dinner, and making fun of people's moms, just joking.

Chase M

...the friends I made, they know how they are, thoughts and plans I have required, and meeting Marshal and being my crew leader, he was the coolest boss I've ever had.

Todd W

...the long exhausting rides to the week-end sites, the search and rescue SEED, and meeting new people.

Nicholas K

...the people I got the opportunity to meet, some of the most beautiful places I have ever seen, and the work, it was very challenging but was good for me.

David R

First I like the jokes of the crew. Second I like the crew leader, the coolest and unique leader, and third, Dan's cooking. It was so good (given what we had).

Shane J

...camping, the awesome rec. trips, and free time.

Daniel C

...total darkness in the lava cave. Seeing the hard work we accomplished, and the rowdy jokes and laughs we shared as a crew.

Jeremy T

...getting to know the crew. Putting up with the crew for five weeks, and seeing our finished work; walking down new trail.

Ian R.R.

...finishing a huge re-route felt great and counting down the last seconds of the day and screaming our last tool count.

Zach L

One Thing I Will Always Remember...

...the end of the day, every day, brought more work and at the end of the day my experience ranged from good to bad. The end of the first work day of the session, I was on McLeod with Nick. We were both exhausted and I didn't think I could last the whole session. The end of our last day of the session brought a feverish pace for the last little bit as we counted down the seconds until tool count. I will always remember the time when Chase ate a tomato slice and olive out of the sump. They weren't in the screen; they had to be fished out of the two feet deep water full of toothpaste and other crap. I haven't laughed that hard all session.

Zach L

...all the people I have encountered, and remember what they have meant to me and where they stand in my relation.

Todd W

...my crew for their uniqueness.

Shane J

...is how after working all day sitting down anywhere is comfortable.

David R

...the silence.

Nicholas K

...the experience that the work day brings everyone down but at the end it's all good.

Chase M

...the joy of getting a hard days work over with and getting some free time. I will also remember the swamp!

Anonymous

...it's Chase's character if it's more; it's the mean jokes and the menthol burn of Gold Bond

Jeremy T

From Now On I Will Always...

... make sure not to be greedy, and think of other peoples feelings.

Todd W

...try to encourage my friends and try to be a better worker.

Chase M

...try to calm my ego and have an unattached mind set.

Nicholas K

...appreciate the outdoors and trail.

David R

...appreciate the trails because I know how they were made and how much work was put into it.

Shane J

...love and appreciate the great outdoors and how many people put their time and effort to make it a great place to be.

Daniel T

...do my best to be patient with others and understand what they are saying. I need to work on giving criticism in a less offensive manner.

Zach L

...try my best at physical labor.

Ian R.R.

...look at banks with awe and respect.

Jeremy T

Yellow Crew

Fremont National Forest Fremont National Recreation Trail

Week 1: July 26 - August 3

I think our crew is getting along good. There haven't been any arguments about anything and every one seems to have a good sense of humor and I think that will go a long way.

Anonymous

Our group has continued to work well together, and because of this we have continued to make good progress. So far it seems that our crew faces no obstacles that will prevent us from staying happy and finishing the projects ahead.

Anonymous

So basically today we continued trudging down that mountain. The climb and the work is harder than most of us had anticipated and yet somehow the trail is coming along pretty nicely. We have a well rounded group which is probably what keeps things going because when it's scolding hot out and it seems like an impossible task there are always a few people somehow excited and optimistic. Conversations range from our backgrounds and hobbies to word games about celebrities and movies. Everyone seems to be opening up and building friendships with each other. It's the little things like rolling on each other at night in the tents and the endless gas by the guys that make the evening cool after a long day of work. Our blisters may get worse, but I predict that our crew will only get better.

Esther B

Ode to the Mountain:

O magnificent and enormous mountain, how we all wish you had a lake and fountain. Your dust makes us look tan and we whack at more sage than we think we can, you make our bodies, clothes and tents reek, it's so very difficult up there to take a leak. Our blisters make us want to cry, and you're so high that our necks fry. But at the end of today, I'd have to say despite all your flaws you're okay.

Esther B

Today we finished the first trail. It was hard work but we did it. Hopefully the second trail will be easier than the first trail. I feel that we are doing excellent as a group. We can only get better from here. It will feel nice to take a shower tomorrow so we can get all this dirt off our bodies.

Craig S

This week, for a first week, a lot was accomplished. Less than seven days ago, we became a team. Now maybe five days later we've achieved/finished tasks in areas of Fremont National Forest. Some had come before some had not, but we all put in an honest effort and the tasks we did, we did relatively well now as we digest our one meal in civilization and wait for our dirty clothes to become clean, we are a different group than we were those seven days ago. We have no clue where we're going but we are a team that cooperates and sticks together. Next week will bring him challenges and ways to apply ourselves. I look forward to seeing what we will get done.

Haley B

Ochoco National Forest Prineville Ranger District Wildcat Trail

Week 2: August 4 - August 10

Well this weekend was a fun one because mostly everyone went rafting and we had a blast. Today I thought we started off the week really well by doing over a mile in work on the trails. I think our

team is really close and we care for each other even when someone gets hurt. Personally I think our crew is a growing family.

Andrew E

I have come to believe that our groups' goal is to please Barbara the Forest Ranger and I believe we were successful. She came by today on her horse and she was smiling and seemed very pleased with our work, which makes what we are doing seem more worth while. Another one of our goals which is a little hidden is to be the best crew around. So far I have to say I think we are.

Mary L

This week has gone by fast. Today we finished the trail, and we even went beyond the point we were suppose to. We only worked five hours today then by surprise Nick and Tony tried to trick us by taking us to the store, but all along we knew something was up because the clues were in front of us the whole time, we weren't fooled! It has been fun this week! I see us working team and getting closer everyday, it will even more over the weekend.

Nicole P

Oregon Parks & Recreation Department Willamette Mission State Park

Week 3: August 11 - August 17

Our crew is doing well I think. We made it a lot further than other crews in my eyes. We all get along pretty good and we all are looking out for each other which makes me feel really comfortable with our crew. And I think we can make it the rest of the five weeks.

Alex H

Today the blackberries seemed to take forever; there was big ones and small ones. They were all intertwined which made them a pain to cut and pull it out, and then we had to put them in large piles. Then we had to cut down large tree branches, it took about an hour. But it is finally over for today; maybe tomorrow will be easier than today.

Anonymous

This week has been exciting and full of rare opportunities. Today there were diverse projects which tested our adaption to new jobs. Many had a fun time today with Trolley, Bob, and Erik putting that wonderful kiosk up; our pride and joy. As some were dueling with the vicious blackberries, others were Tai Chiing there way through the painting operations. When that stump came free, many shouted with glee, and were free to work beneath the tees. Today was an achievement in itself being the peak of the session and we did a good job celebrating this by working nine and a half hours. With us still being twelve strong at the peak of the NYC session, we have created a solid family.

Chris K

During this week we were involved in a variety of projects. The change was beneficial, considering that a third week of trails might have seemed repetitive and could have gotten boring. The berries can hurt but finishing them turned out to improve the look of the park. It's nice to work on a project that will be used by so many people each and every day.

Anonymous

This was a week filled with random projects give by good ole Ranger Bob. It was awesome leaving the park and being able to see our work in such a practical way. After working only four hours, we got to drive out to Lincoln City and play on the beach. Even though the water was freezing Alex jumped in and nearly got sucked out a few times. After that we spent a little over an hour at the hospital so I could get my stitches removed. We drove back to Keizer to do laundry at a place with \$2 wash/dry, a pool table and free video games. It was getting late and despite the fact that we were the crew that was closest to the weekend site, we were still the last. The "Stinky" people in the group voted against showers for Friday and since we came in so late, the other crews helped set up our tents.

Esther B

**Willamette National Forest
Middle Fork Ranger District
Clover Patch Trail**

Week 4: August 18 - August 24

After our wonderful weekend at Silver Falls, we headed to Clover Patch where we are constructing a brand new trail while following these tiny pin flagging (which is not easy). The view from our camp site is magnificent. Sarah our now rover said she saw fresh bear droppings. Wow, a new animal to look for. Our journey to fetch water has been a very interesting one indeed; it took two trips to find water on Sunday, now it takes two hours to get water from this beautiful river by the highway.

Mary L

We're continuing down Clover Patch trail, weaving back and fourth cutting up roots! (This takes up half the crew!) Today we took the van back to Carrie's which other wise would have been a hike out. We're planning on using the van for the remainder of the week. Water has been a frustration, getting it and forgetting it. Monday we didn't pack out a gallon with us so a couple of us had to hike back to camp to get it. Today we forgot to pack a yellow top back to camp which we use to get water.

Angela C

Today was tight. I thought today everyone worked hard especially the last five minutes. It is kind of weird working with a swollen arm that itches. I have now got a new respect toward bees even though it is pretty fun killing them with Richard. It is hard to believe that it is the fourth week. We have come so close together. Ooooh by the way Sarah is a tight rover to have.

Andrew E

This week has been a fast week! We built new trail, and had an exciting event from poison oak when going swimming to Andrew, backstop and the rest of Yellow crew boys wanting so see the famous Nicole. We didn't do as well as we should but our group has become a family! It will be sad to see everyone go but I know that in our last week we can do even better! Our fourth week was fun and I know we had a great time with Sarah, it was SAD to say goodbye! I just have to say I am very proud of YELLOW CREW because of our team work, commitment, because out of every other crew we are the only ones that stayed together and I hope no one leaves the last week, they better not! Or I will yell at them ha ha! Congrats Yellow crew, it was a fun week and it was fun at the swimming pool except when Nicole oh wait that was every day just joshing. YELLOW CREW ALL TOGETHER

Nicole P

**Fremont National Forest
Crane Mountain
Fremont National Recreation Trail**

Week 5: August 25 - August 30

This weekend some people went to Diamond Lake and Crater Lake and some waterfall to chill. Back country isn't close to being as bad as I thought it was going to be, everyone was able to carry their full pack which was pretty good to see. Today we managed to do 2,400 feet which was standard; hopefully tomorrow we will get 3,000 feet. I am pretty anxious to go home, so I am going to try and finish strong.

Andrew E

Starting work today was nice without the sun but once the rain started dropping it was very cold! Freezing!! This experience in Fremont is extremely different compared to the first week.

Angela C

After our inspiring talk last night, our entire crew worked at about 100% busting out 4,950 feet of trail. As the weekend is nearing most of us fear goodbye, some are even making plans for a reunion in the years to come. The weather has been a shock to us all; having rained yesterday and

been nice and sunny today, we all figured that Fremont would be super hot. Tomorrow is our last day of work, and then we have to pack up camp and hike down to our van. Have a happy life.

Mary L

Today was our last day of work and when we finish we will go to the van. It was exciting and sad that this is close to the end. I will miss it so much, the hikes, the car rides and Nick taking us to cool places. I am glad that Yellow crew or YC stuck together in the battles, but I miss the most when Yellow crew was jealous that I was part of Blue crew and they weren't, Go me! Ha Ha, just kidding, no really, go Nicole, it has been fun, GO YELLOW CREW!

Anonymous

Today we got up early at the trailhead where we slept. It was exciting to pack up the van for the last time. We left at 5:30 in the morning and drove for almost six hours and went swimming at a lake. It was Nick's surprise for us. It was nice because we didn't get to take showers. Next we have to do the Big Clean.

Anonymous

My Most Challenging Day At NYC Was...

...the first work day when it felt as if I'd never make it up the mountain.

Esther B

...during the second week, when it was my first day as leader of the day. With Ryan, the woodboss by my crew's side, I had to especially show what I could do as a leader.

Chris K

...the first day at Fremont, between the heat blisters and the super long vertical hike up the mountain.

Mary L

...when I had to go into the backcountry and I couldn't bring my pop that was the most challenging day for me.

Anonymous

...at Fremont it was hot and hard.

Craig S

...either knowing you have difficult work to be accomplished or not knowing at all.

Anonymous

...was Fremont the first day; I wasn't used to the hard labor or the fast hiking.

Angela C

...the first day at Fremont because I wasn't ready to hike two miles uphill in 90-95 degrees weather. That was harder than it looked!

Andrew E

...my first day at work because I was sick and I had to climb Fremont and that was hard for me.

Nicole P

My Three Favorite NYC Experiences Were...

...the first Thursday when Ike was our Rover and we had a music group that was great. Second, when me and Haley, and Andrew played cards and I was Nicole good. And the third week of work because it was fun to do different work.

Nicole P

...challenges, meeting new people, and achieving my goal.

Andrew E

...using sticks and rocks under unusual circumstances, when compared to modern society. Making beautiful drainage systems, and the wonderful dinners followed by record timing dish clean up.

Chris K

...getting my stitches out. Riding the trolley with Ranger Bob, and raft wars on the first weekend.

Esther B

...meeting new and unique people. The challenge of doing something new and working at Willamette Mission State Park with Ranger Bob.

Mary L

...going to a new state, challenging myself to get every thing done right, and meeting new people.

Alex H

...free ice cream, playing hackysack, and doing something new.

Anonymous

...free ice cream, views and sunsets, and tents.

Anonymous

...carrying two gallons to the work site, free ice cream in week three, and how our crew came together as a family.

Angela C

One Thing I Will Always Remember...

...is the endless days without showers.

Angela C

...is the everyday challenges that were given to me and the feeling of accomplishment.

Andrew E

...is the feeling of being in an environment which is naturally silent, and living with a very social family.

Chris K

...is how Yellow crew was a family even though we had some battles.

Nicole P

...the times in the tent after hours trying to come up with things to gossip about.

Esther B

...our wonderful leader and how much our whole crew disliked the weekend site because our crew seemed so much better than all the others.

Mary L

...drinking thirty two ounces of hot dog flavored water with a little vesper and maple-soy and mayo and chugging it down, that's one thing that I will always remember.

Alex H

...drinking thirty two ounces of hot dog water with a little amount of vesper.

Craig S

...Richard's laugh.

Haley B

From Now On I Will Always...

- ...recycle my pop cans. Alex H
- ...respect the trail I walk on. Craig S
- ...believe that I can achieve my goals. Angela C
- ...think not to take everything for granted. Andrew E
- ...not take everything so personal. Nicole P
- ...I'll appreciate showers. Esther B
- ...love the sound of farts. Chris K
- ...pick up everyone else's trash, leaving with more than you came with; keeping the planet clean. Mary L

At NYC I Learned...

- ...how to work with a variety of tools and how to survive in the woods. Angela C
- ...not pre-judge people before I know them and I will also have the trail builder knowledge. Andrew E
- ...that I can push myself to the limit and I will know I can do it. Nicole P
- ...that to make life pleasurable, you have to put in work that tests your limitations. Chris K
- ...that it's possible to learn if you just keep an open mind. Esther B
- ...working hard and sweating a lot comes with satisfaction after a job well done, also always recycle. Mary L
- ...that hard work comes with great satisfaction and pride in a job well done. Craig S